



Total  
Recreation  
And  
Independent  
Living  
Services

Activities this week

**April 20-27**

**TRAILS**

**235-7911**

<http://www.peninsulailc.org/TRAILS-Activities>



**INDEPENDENT  
LIVING CENTER**

265 E Pioneer Ave

**TRAILS** calendars highlight inclusive activities that are local, interesting to LOTS of folks, and free or inexpensive. If because of a disability you'd like assistance to participate, contact **TRAILS!** Recreation is for EveryBODY! Find the latest TRAILS calendar at [peninsulailc.org/TRAILS-Activities](http://peninsulailc.org/TRAILS-Activities)

**Happy Earth Day!** And **Happy Week of the Child**, which ends with the **Safe and Healthy Kids Fair** at the High School on Saturday, April 27! It even includes a bicycle rodeo! On that theme, next Saturday at noon, **join the easy TRAILS bike ride** from Cycle Logical to Jack Gist Park for a picnic. Let **TRAILS** know if you need a bike, and also if you're coming so we can buy the right amount of food fixins'. It looks like a great week, check it out!

<b>Activity</b>	<b>Date, time, location</b>	<b>Host, address, contact</b>
<b>Walk with a Doc</b>	<b>Saturday, April 20, 9:00-10:00 am, FREE,</b> Midwife Laura Greet, CNM, ANP will share information and join walkers and talkers; free blood pressure screening available	SPARC, 600 Sterling Highway; for more information call 299-5115
<b>The Art of Bonsai</b>	<b>Sunday, April 21, 2:00-4:00 pm, FREE,</b> Paul Marmora demonstrates how to prune a tree found in Alaska and modify it to exhibit the Bonsai principles of harmony & peace	Sponsored by Homer Garden Club at Best Western Bidarka Inn, 575 Sterling Highway; for more info, click <a href="https://www.homergardenclub.org/">https://www.homergardenclub.org/</a>
<b>Short Films for Earth Day Celebration</b>	<b>Sunday, April 21, 3:00-5:00 pm, FREE,</b> Watch several short films about the Green New Deal for Alaska and enjoy refreshments	Hosted by Alaskans Know Climate Change and AK Climate Action Network at Kachemak Bay Conservation Center, 3734 Ben Walters Lane
<b>Earth Day Celebration and Presentation</b>	<b>Monday, April 22, 5:00-7:00 pm, FREE</b> Dr. Richard Steiner, Oasis Earth, will entertain and inform about the "Imperiled Arctic" with beautiful slides and years of experience above the Arctic Circle; refreshments provided	Presented by Kachemak Bay Conservation Society at Islands and Ocean Visitor Center, 95 Sterling Highway
<b>Stuffed Animal and Doll Clinic!</b> <b>A Week of the Young Child event</b>	<b>Monday, April 22, noon-1:00 pm, FREE,</b> Bring your kids' stuffed animals & dolls for a check-up and good medicine, then meet the Public Health Center staff, learn about child wellness exams, and ask questions about your child's health!	Homer Public Health Center, 195 East Bunnell St.; for more information call 235-8857
<b>Elder Kinder Circle—</b> <b>A Week of the Young Child event</b>	<b>Wednesday, April 24, 10:00-11:00 am, FREE</b> Join a wide range of ages—from babies to elders—to talk about the songs of youth and share them in movement and singing	Presented by Homer Early Childhood Coalition at Friendship Center, 3935 Svedlund Street
<b>TRAILS Qi Gong and Tai Chi</b>	<b>Thursdays weekly, 3:00-4:00 pm, \$3-\$6 depending on Senior Center membership</b> Join Dean Sundmark as he teaches slow, gentle movements that build strength, stamina, & balance	Homer Senior Center, 3935 Svedlund Street; for more information, call Dean, 235-7911
<b>Thriving Thursday—</b> <b>"Wonder" at DeStig Film Festival</b>	<b>Thursday, April 25, 6:00-8:00 pm, FREE,</b> Enjoy a delightful family film about acceptance, compassion, and overcoming obstacles.	Presented by So. Penin. Behavioral Health Services and Sprout at Homer Theatre, 106 W. Pioneer Ave.; for more information call 235-7701
<b>Square and Contra Dance</b>	<b>Friday, April 26, 7:30-10:00 pm, \$10,</b> Dance to the music of Fat Weasel and the calling of Dave Stutzer—all ages and abilities welcome!	Sponsored by Homer Community Rec. Program at W. Homer Elementary School, 995 Soundview Ave.; for info call 235-6090
<b>Spring Plant and Book Sale</b>	<b>Saturday, April 26, 10:00 am-6:00 pm, FREE</b> Stock up on plants and books at the annual sale at Homer Library	Presented by Friends of Homer Library at Homer Public Library, 500 Hazel Ave.; for info call 235-3180
<b>TRAILS FUN, EASY Spring Bike Ride</b>	<b>Saturday, April 27, starts noon, \$5 donation for picnic, \$20 if you rent a bike at Cycle Logical,</b> Join a bike ride for <b>EveryBODY</b> from ILC to Jack Gist Park and back; we'll have all sorts of snacks and support available—so give it a go!	Meet at Independent Living Center parking lot, 265 E. Pioneer; for more information, call TRAILS, 235-7911—if you need, we can help organize a bike rental from Cycle Logical