

Nonprofit Organizations with Support Groups or other services & resources

South Peninsula Behavioral Health Services Groups

These therapist-facilitated supportive process groups are for **adult** SPBHS clients only, requiring a short intake process to get started.

Office: (907) 235-7701

After-hours/Weekend Mental Health Clinician:
(907) 235-0247 (call 911 in an emergency)

More info at spbhs.org

Anger Management & Addiction

Learning to manage issues of anger around addiction.

Depression & Anxiety

Developing the skills to manage your symptoms.

LGBTQ Support Group

Support & discussion in a safe environment.

South Peninsula Haven House

3776 Lake St #100, Homer

Office: (907) 235-7712

24-hour Confidential Help Line: (907) 235-8943

Emergency shelter, crisis intervention & resources including legal advocacy for women affected by domestic violence/sexual assault & their children. Services for men available - call office to inquire.

More info at havenhousealaska.org

Homer R.E.C. Room

3957 Nielsen Circle, Homer

Youth resource & enrichment co-op offering a variety of events & support for ages 12-18. **Adult REC Room** staff always present during events & hangouts.

[f RECRoom.HomerPeerEducators](https://www.facebook.com/RECRoom.HomerPeerEducators) [i recroomhomer](https://www.instagram.com/recroomhomer)

(907) 235-3436 • recroom@kbfpc.org

homerrecroom.org

LGBTQ+ Hangout (in person, upstairs)

Wednesdays, 4:30pm-5:30pm for LGBTQ+ youth ages 12-18 (with a licensed SPBHS therapist).

General Virtual Hangout (contact for invite)

Thursdays, 5:00pm-6:00pm for all local youth ages 12-18 (with REC Room peer educators & adult staff).

Opioid-Related Resources

The Exchange

Safe, confidential resource for clean needles, used needle disposal, **free** naloxone (overdose) kits, referrals for **free** HIV & Hepatitis C testing.

Phone: (907) 841-7204

Email: homerexchange@gmail.com

1st & 3rd Tuesdays monthly, 5:00pm - 7:00pm
SPH Training Center, 203 W. Pioneer Ave, Homer

Narcotics Anonymous Meetings

Step Into Freedom NA Meeting

Thursdays, 7:00pm - 8:00pm

Glacierview Baptist Church (outbuilding)

960 E. End Rd., Homer

Contact: (907) 756-3530

For Families & Friends

Nar-Anon Family Groups

Worldwide fellowship & 12-step program for those affected by someone else's addiction.

www.nar-anon.org

Parent-to-Parent Support Group

For those affected by their child's or grandchild's opiate addiction. **In-person meetings resuming**—contact Annie: (907) 299-0541 or Jane: (907) 299-0608

Medication for Addiction Treatment Services

MAT is available for adults experiencing **substance use disorders**—including alcohol, at:

Homer Medical Center MAT Program

Call or text (confidential): (907) 299-1264

4136 Bartlett Street, Homer

NTC Recovery Outreach

Contact Annette (confidential): (907) 740-3330

Offices in Homer and Ninilchik

Southern Kenai Peninsula Opioid Task Force

All Things Addiction Coalition

Local organizations & community members working together to address issues around addiction.

Anyone can participate!

Email skpoidtaskforce@gmail.com

or call (907) 756-3780 or to get involved

More info at allthingsaddiction.net

Homer Area Support Group & Resources Guide



Careline Alaska:

877-266-HELP (4357)

Alaska's suicide prevention & "someone to talk to" 24-hour confidential free helpline.

More info: carelinealaska.com

CALL 911 IN AN EMERGENCY

This pamphlet is created and distributed by the South Peninsula Hospital Health & Wellness Department.

Updated: 7-28-2021

To request a PDF or printed copies, and to add or change info contact: wellness@sphosp.org or (907) 235-0970

12-Step Groups

Free to attend. Most meetings are open to anyone unless noted as "Closed". Please contact them for more information.

Alcoholics Anonymous:

Kenai Peninsula AA Info/Hotline:
(907) 283-5722

aakenaipeninsula.org - meeting schedule
(including online meetings and how to attend)

Anchor Point Alcoholics Anonymous

Contact: (907) 299-3317 for men
or (907) 299-0214 for women.

Sundays, 2:00pm - 3:00pm,
Wednesdays & Fridays, 7:00pm - 8:00pm
Chamber of Commerce Building
34358 Old Sterling Hwy., Anchor Point

Homer End of the Road Group

Contact: (907) 235-6822

Meeting in person daily (masks required) and online
via Zoom (info at link above)

Noon - 1:00pm & 8:00pm - 9:00pm
126 W. Pioneer Ave Suite #1, Homer

Homer Unity Group

Contact: (907) 299-6226

Tues, Thurs, & Fri, 6:30pm - 7:30pm
Regular Zoom meetings (info at link above),
contact for in-person meeting information.

Living in the Solution Women's AA Meeting

Contact: (907) 299-4073

Wednesdays, 6:30pm - 7:30pm (Closed)
In person at Homer United Methodist Church
770 E End Road, Homer

Ninilchik Group of AA

Contact: (907) 953-0273

Tues. & Thurs., 7:00pm - 8:00pm
St. Peter the Fisherman Methodist Church
15811 Sterling Hwy., Ninilchik

Seldovia Group of AA

Contact: (907) 399-8223

Wednesdays, 5:30pm - 6:30pm
Seldovia Bible Chapel

Al-Anon Family Groups

For friends & families of alcoholics.

Contact: (907) 299-2028

Meeting online via Zoom, visit al-anon-ak.org or
contact for more information.

Co-Dependents Anonymous

An anonymous fellowship whose common purpose
is to develop healthy relationships.

Contact: (907) 756-3104

Meeting online via Zoom—contact for info.

Narcotics Anonymous:

Alaska Region of Narcotics Anonymous
Statewide Info/Hotline: (866) 258-6329

akna.org - statewide meeting schedule
(including online meetings and how to attend)

Step Into Freedom Group of NA (Homer)

Thurs., 7:00pm - 8:00pm

Glacierview Baptist Church (outbuilding)
960 E. End Rd., Homer
Contact: (907) 756-3530

Overeaters Anonymous

For people with problems related to food.

Contact: (907) 299-6404

Meeting online via Zoom—visit alaskaooa.org
or call for more information.

Sex and Love Addicts Anonymous

A 12-step program for living life without acting out.

Please contact for location/information:

By phone: (907) 843-1290

or email: safehavenhomer@gmail.com

Thursdays, 7:00pm - 8:00pm (Closed Meeting)

Substance Use Disorder Treatment:
(statewide info at: dhss.alaska.gov/osmap/pages)

Set Free Alaska, Inc.—Homer
1130 Ocean Drive, Suite A
Office: (907) 235-4732
Men's Residential Program (907) 235-4733

Outpatient substance use disorder treatment
services for men & women, and a men's only
residential treatment facility located in Homer.

More info at setfreealaska.org

Non 12-Step Support Groups

Free to attend; led by fellow members.
Please contact them for more information.

Caregiver Support Group

For those involved in the care of family members who
require 24-hour care. Masks required.

Contact: (907) 299-7188 or (907) 235-4291
2nd & 4th Thursdays, monthly, 2:00pm - 3:30pm
Homer Senior Citizens Center (back entrance)
3925 Svedlund St., Homer

Hospice of Homer Bereavement Support

For anyone suffering loss or experiencing bereavement.
Hospice of Homer, E Pioneer Ave #3

Contact: (907) 235-6899 for information or
before attending an in-person group.

Widows Support Group

For women who have lost their spouse or life partner.
1st & 3rd Tuesdays & Saturdays, monthly

Parents Bereavement Group

For parents who have lost a child or children.
3rd Saturdays, monthly

Parent-to-Parent Support Group

For people affected by their child's or grandchild's
opiate addiction.

In-person meetings resuming—contact for info:
Annie (907) 299-0541 or Jane (907) 299-0608

Parkinson's Support Group

For people diagnosed with Parkinson's/their caregivers.

In-person meetings postponed, contact
Maynard by phone at (907) 235-7330 or email
at maynard_gross@yahoo.com.

**CICADA (Cook Inlet Council for
Alcohol and Drug Abuse)**
1230 Ocean Drive, Homer
(907) 235-8319

Outpatient treatment services including referrals for
residential treatment, and substance abuse
counseling for adults and adolescents.

More info at www.alaskacicada.org