

Meals & Transportation

835-5032

Valdez Senior Center

Group and home delivered meals
and transportation

Independent Senior Housing

(subsidized)

835-5032

Valdez Senior Center– 15 units.

Subsidized Housing

- **Sound View**
835-2603
- **North Pacific Rim Housing Authority** (Native Housing Preference)
835-8658
- **Alaska Housing Finance Corp.**
835-2119

Caregiver Support

- **Alzheimer's Resource Agency**
822-5620

Information, education, outreach,
limited supports including respite,
personal care, mini grants, chore,
and frail elder grants.



Independent Living Center

Your Aging and Disability Resource Center

1-907-262-6333

or

1-877-625-2372

Promoting choice,
Independence and quality of
life for persons and families
living with disability.

ADRC

**Sponsored by the State of Alaska
Health and Social Services.**

**Valdez
And surrounding
communities**

Home and
Community
Based Services
Available in Valdez
and Surrounding
Areas



Information and assistance pro-
vided to seniors, caregivers and
people living with disabilities.

Empowering Alaskans to make
informed choices about long term
care services.

1-877-6AK-ADRC

1-877-625-2372

Medical Services

- **Providence Valdez Medical Center**
835-2249
- **Providence Extended Care Center**
10 beds, skilled nursing and rehabilitation
835-2249
- **Providence Valdez Behavioral Health**
835-2838
- **Medical Clinic Valdez**
835-4811
- **Public Health Center**
835-4612
- **Village Pharmacy**
835-3737

Alzheimer's Resource Agency

Information, education, outreach, limited supports including respite, personal care, mini grants, chore, mini grants and frail elder grants.

822-5620

Assisted Living Homes

Frontier Community Services

Assisted Living for individuals who experience disabilities; Coho House, Cottonwood, Eagle House.
262-6331

Connecting Ties

Assisted Living for individuals who experience disabilities; Mountain Side and Jay Bird Homes
835-3274

Beaudion House

Assisted Living for individuals who experience disabilities.
835-2110

Chena House. Assisted Living for individuals who experience disabilities.

835-5914

There are currently no Senior Assisted Living Homes in the Valdez area.

Personal Care Services

- Connecting Ties 835-3274
- Consumer Direct Personal Care 283-0809
- Alzheimer's Resource Agency 822-5620
- Valdez Senior Center 835-5032
- Frontier Community Services 835-4504

Care Coordination and Medicaid Waivers

- **Connecting Ties**
All Waivers
Tina Russell or Eva Dunning
835-3274
- **Frontier Community Services**
All Waivers
Susan Kamaouha
835-4504
- **Valdez Senior Center**
Older Alaskan and Adults with Physical Disability Waivers
835-5032
- **Consumer Direct Care**
Older Alaskans, Adults with Physical Disability Waivers
Jim Trombley
283-0809
- **State of Alaska Senior and Disability Services**
All Waivers
1-800-478-9996

Independent Living Center

Assistive Technology, nursing home transition, mini-grants, advocacy, low vision evaluations and other requested services for persons with disabilities.

1-800-770-7911