

Glennallen Seniors Citizens Center

822-3476

- **Monthly luncheon & senior meeting** 822-3476
- **Fountain of Youth** bi-weekly exercise for body and mind :
Glennallen Chiropractic
822-3353 Dr. Vicki Willis

► Senior Housing

(Unsubsidized)

- **Wrangell View Manor**, 12 units, Copper River
- **Sanford View Manor**, Gulkana 8 units
- **Contact: Housing Authority**
822-3633

Alzheimer's Resource Agency

822-5620

Information, education, outreach.
Consumer directed Medicaid PCA and frail elder DSDS sliding scale grant for in home services for elders.



Independent Living Center Your Aging and Disability Resource Center

1-907-262-6333
or 1-877-625-2372

Promoting choice,
independence and quality of
life for persons and families
living with disability

ADRC

Sponsored by the State of Alaska
Health and Social Services: •

Glennallen and the
Copper River Valley

Home and
Community
Based Services
Available in the
Copper River
Valley



1-877-6AK-ADRC

1-877-625-2372

Information and assistance provided
to seniors, caregivers and people
living with disabilities. Empowering
Alaskans to make informed choices
about long term care services.

Medical Services

- Cross Roads Medical Center
822-3203
- Christochina Health Clinic
822-3280
- Glennallen Chiropractic
822-3353
- Copper River EMS
822-3671
- Mt. Sanford Tribal Consortium
Clinic
822-5399
- Copper River Native Association
822-5241
- Wrangell Mountain Dental Clinic
822-3113
- Chitina Health Center
823-2215
- Kluti-Kaah Health Clinic
822-3541
- Gulkana Health Clinic
822-3646
- Gakona Health Clinic
822-5335

Care Coordination and Medicaid Waivers

- Connecting Ties Copper Center &
Glennallen , Care Coordination.
822-3384
835-3274
- State of Alaska Senior and Disability
Services 1-800-478-9996

Personal Care Services

- Connecting Ties
822-3384
- Consumer Direct Personal Care
283-0809
- Alzheimer's Resource Agency
822-5620

Assisted Living Homes

- Copper River Care - Slana
822-4255

Meal Sites

- Caribou Restaurant-Glennallen
822-4222
- Copper River Native Association
Meals and transportation provided
to eligible elders.
822-5241

Caregiver Support

- Alzheimer's Resource Agency
822-5620

Information, education, outreach.

Consumer directed Medicaid PCA and
frail elder DSDS sliding scale grant for
in home services for
elders.

Independent Living Center

Assistive Technology, nursing home
transition, mini-grants, advocacy, low
vision evaluations and other requested
services for persons with disabilities.

1-800-770-7911