

**Choice, Independence, and
Quality of Life**

It's not the disability that defines you, it's how you deal with the challenges the disability presents you with. We have an obligation to the abilities we DO have, not the disability.

- Jim Abbott



“Congress acknowledged that society's accumulated myths and fears about disability and disease are as handicapping as the physical limitations that flow from actual impairment “

-William J. Bryant, Jr.

Homer ILC

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Rural Outreach Areas

Kodiak, Valdez,
Cordova Census Area
1 -800-770-7911

Serving the Kenai Peninsula,
Kodiak, Valdez & Cordova
Census Areas



Independent Living Services are made possible through grant funding and private donations.

**Interpreter Referral Service
& Video Relay Service**

Kenai/Soldotna: 907-262-6333
Toll Free: 1 -888-483-3404

Promoting choice,
independence, and quality of
life for persons and families
living with disability.

**This publication is available in
alternative formats upon request.**

ILC Toll Free: 1-800-770-7911

www.peninsulailc.org

Independent Living Center Services



Information and Referral

Our center provides information on disability related issues and referral to other agencies, businesses and organizations appropriate to meeting individual needs for disability related goods and services.

Advocacy

Be empowered to resolve conflicts and find solutions to other obstacles, with guidance and assistance from ILC! Through individual and systems advocacy, ensure that you, as a person living with disability, receive equal access and opportunities.

Daily Living Skills

Receive technical support and training to learn new techniques and skills that can improve the quality of your daily living.

Peer Support

Enjoy the exchange of knowledge and useful information and allow others the benefit of your experience by participating in ILC facilitated activities and discussion.

Nursing Home Transition

Our agency provides assistance and support to individuals transitioning from institutional care into a more independent living situation of their choice. When appropriate or chosen, ILC can also assist transitioning from the home into semi-independent living or total care.

Americans with Disabilities Act

Staff provides guidance and referral regarding disability rights and accessibility issues under the ADA: a law enacted to prohibit discrimination against people with disabilities in employment, transportation, public accommodation, communications & telecommunication relay services, and governmental activities.

Supported Transportation Programs

ILC assists qualifying consumers with meeting transportation needs by offering lowered cost options for people who aren't able to drive due to their disability.

Benefits Analysis

Learn about and receive assistance to enroll into benefit programs for which you may qualify including Social Security benefits and work incentives.

Aging & Disability Resource Center

ILC offers access to community information and resources for aging and disabled Alaskans, empowering them to make informed decisions about long-term care.



Community Closet / AT Demo Site

An inventory of used assistive equipment, aids & devices are available to meet temporary or everyday living needs through our low cost, donation program. ILC also has a hands-on Assistive Technology demonstration site and can assist consumers with obtaining AT equipment and training.

Vision Services Program

A variety of services are available for persons experiencing significant vision impairment or blindness. ILC coordinates with certified professionals to provide in-home low vision assessment and mobility training and assists low vision consumers to obtain vision aids and other services that improve their quality of life.

TRAILS Program

(Total Recreation and Independent Living Services)
This indoor/outdoor inclusive recreation program provides many opportunities for adventure and new experiences for all persons of all abilities!



"You can learn more about a person in an hour of play than you can in a lifetime of conversation."
-Plato

Vocational Services

ILC works with Division of Vocational Rehabilitation to put Alaskans with Disabilities to work. ILC Utilizes assessment, recreation and pre-employment skills training, this career development program assists consumers with disabilities to build confidence and gain experience that will increase their ability to achieve employment.

"Workers with disabilities maintain better than average job attendance levels and have an 80% lower turnover rate."

-The U.S. Chamber of Commerce.

